

A close-up photograph of a hand holding a piece of translucent, crystalline food, possibly a piece of ice or a specific food ingredient, against a blurred blue background. The hand is positioned on the left side of the frame, with the fingers gently holding the piece. The background is a soft, out-of-focus blue, suggesting an outdoor setting like a sky or water. The overall mood is clean and focused on the texture and appearance of the food.

食物的故事

THE STORY OF FOOD



全球生產的糧食有 1/3 從未使用
1/3 of all food produced is never eaten.



每年有千萬噸的作物未採收便丟棄

10 million tons of produce go unharvested each year

所有工業化的國家因為剩食損失的金錢，總和約
6,800 億美元，超過 Facebook 加 Google 的淨值。





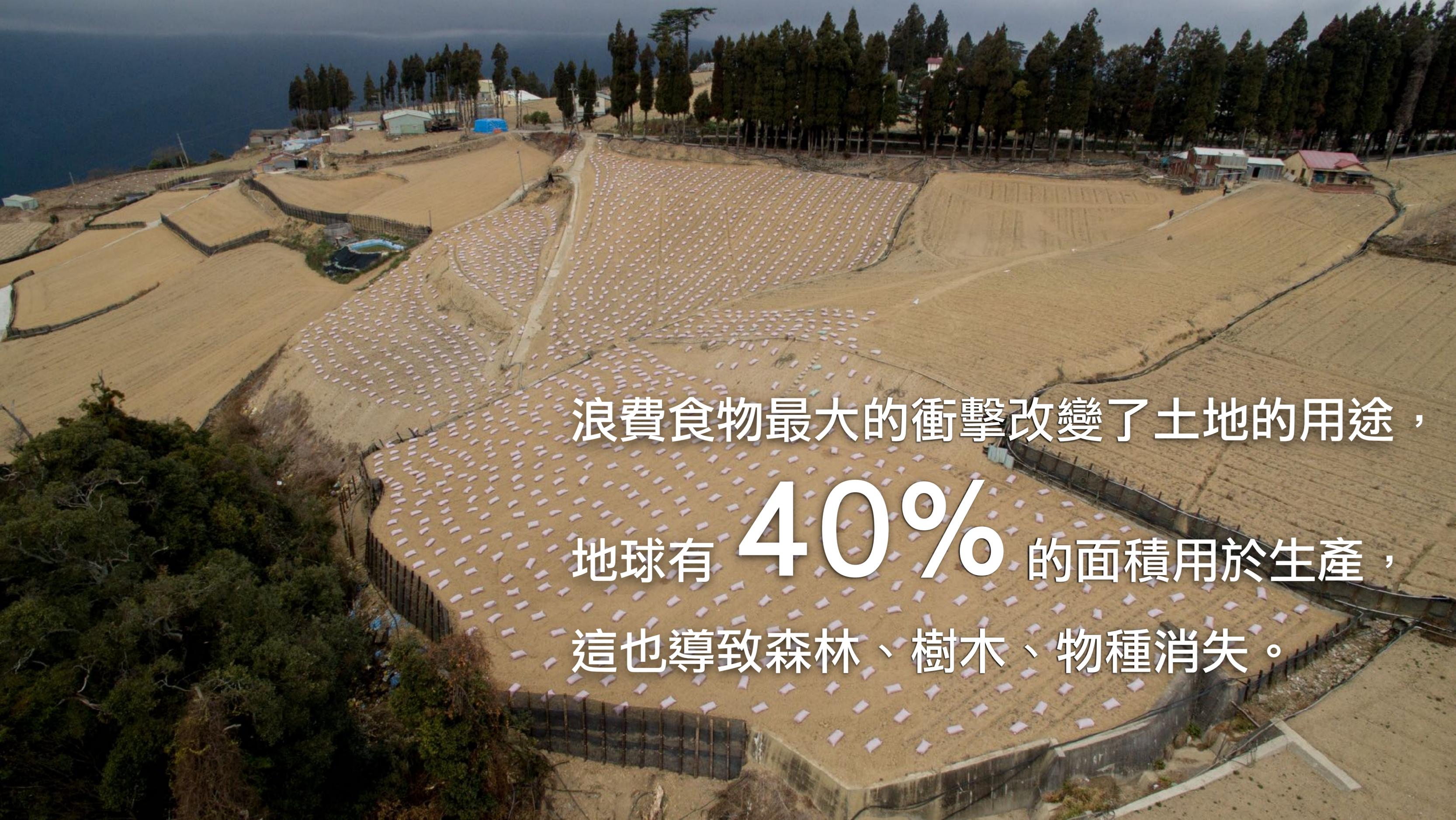
全球有 8 億人餓著肚子，
但每年浪費的食物卻高達 13 億噸



為了生產糧食
我們濫墾濫伐
過度抽水
棲地破壞導致生物多樣性流失。



全球約 **30%** 的土地與 **16%** 的淡水用於畜牧業



浪費食物最大的衝擊改變了土地的用途，

地球有 **40%** 的面積用於生產，

這也導致森林、樹木、物種消失。



美國 70% 的穀物是作為飼料，而非供人食用

In the US, 70% of grain is fed to livestock instead of people



My dream is for the earth to be better.

我的夢想是讓地球變得更好。

—吐瓦魯小朋友的夢想

A man wearing a blue jacket with white stars and a cap is working with food waste in blue bins. The bins are filled with various food scraps, including vegetables and meat. The scene is outdoors, possibly at a food processing or waste management facility.

如果用剩食餵豬取代玉米和黃豆蛋白，全球多出來的糧食可以餵飽 30 億人口

台灣廚餘回收率不超過 10%





同時垃圾中的廚餘類含量卻近 40%

A large, sprawling pile of kitchen waste, including vegetable scraps, fruit peels, and other organic matter, dominates the foreground and middle ground. The waste is piled high, with some green leaves still visible. In the background, there are trees and a utility pole under a heavy, overcast sky. The overall scene conveys a sense of environmental impact and waste management.

我們一年平均產生了近 **210** 萬噸的廚餘

You are what you eat!

你吃的食物它們都吃什麼？





海洋提供了陸地

1/3

蛋白質來源

我們常以為食物浪費是指超商上架的剩貨或那些不好看、
賣不出去的還有餐桌上吃剩的食物，這些固然嚴重。

但和整個 **農業系統** 相比只是小巫見大巫



Goods for you good for earth !



A woman wearing a yellow headscarf with colorful patterns and a blue polo shirt is smiling broadly. She is holding a large, weathered metal bucket filled with fresh green leafy vegetables. In her right hand, she holds a long-handled knife. The background is a blurred natural setting with trees and foliage.

我們不是需要生產更多的糧食，
而是改變我們的行為。

Foodbank



你每一次的消費，
都是在為你想要的世界投票！

Every time you spend money, you're casting a vote for the kind of world you want.